

VIII. International Polish Senior Judo Championship for Men and Women 04.10.2008

Participants:

- Athletes 30 years or over 30 by men, and by women, who did not participate any official competition organized by their own judo association in the last two years
 - Holding any level of official „belt” grade

Category Age	Fighting time (Men)	Category Men	fighting time (Women)	Category Women
30 – 34	4 min.	M1	3,5 min.	F1
35 – 39	4 min.	M2	3,5 min.	F2
40 – 44	3,5 min.	M3	3 min.	F3
45 – 49	3,5 min.	M4	3 min.	F4
50 – 54	3,5 min.	M5	3 min.	F5
55 – 59	3 min.	M6	2,5 min.	F6
60 – 64	3 min.	M7		
65 – 69	3 min.	M8		
70 – 74	2,5 min.	M9		
+ 75	2,5 min.	M10		

Weight categories Men:

-66 / -73 / -81 / -90 / -100 / +100 / kg

Weight categories Women:

-52 / -57 / -63 / -70 / -78 / +78 / kg

Organizer has right to collect weight categories, if there are not enough (at least 3) participants in any weight categories!

Organizer: Dolnoslaski Związek Judo

Address: Poland, 50-529 Wrocław ul. Borowska 1-3

Mobil +48601730234 Zbigniew Bielawski fax+48717913050

E-mail: dzjudo@sport.wroclaw.pl ; benefix@benefix.com.pl ; zibi.bielawski@wp.pl ;
dariusz.plaszczynski@web.de

Hotels:

1/ WKS Śląsk 53-434 Wrocław ul. Oporowska 62.

tel. 0048/ 71 / 361 20 61 do 64

2/ Hotel Vega 53-234 Wrocław , ul. Grabiszynska 251

tel. 0048 71 33903 67 do 70 , e-mail: hotelvega@hotelvega.pl

3/ Hotel Campanile Wrocław, ul. Jagielly 7

tel. 0048 71 326 78 01; e-mail: wroclaw@campanile.com.pl

Costs: Organizing cost paid by the organizer. Other costs (e.g. accommodation, meal, entry fee, etc.) are covered by the participants.

Entry fee: 35 EUR/person or 100,00 PLN/person
To enter the contest is possible at the organizer in advance or at the contest's place.

Date and beginning of the contest: 04.10.2008, Saturday 10.30

Weigh-in dates:
04.10.2008, Saturday 08.30-09.30

Place of the contest: Poland, Wrocław ul. Mieszczańska 11
Sports Hall of "Kosynierka"

Awarding: All participants medals

Responsibility:

All participants should take part at the event there own risk. These will be signed by the athletes on the weigh-in.

Zbigniew Bielawski
Dolnoslaski Zwiizek Judo
President

Dariusz Płaszczynski
Dolnoslaski Zwiizek Judo
Secretary

Entry form

VIII. International Polish Masters Judo Championship for Men and Women

04.10.2008

Organizer: Dolnoslaski Zwiazek Judo

Address: Poland 50529 Wroclaw, ul. Borowska 1-3

Mobil +48601730234 Zbigniew Bielawski fax+48717913050

E-mail: dzjudo@sport.wroclaw.pl ; benefix@benefix.com.pl ; zibi.bielawski@wp.pl ;
dariusz.plaszczynski@web.de

1. Please return the entry form until 30.09.2008!

Club:

Nationality:

Address:

Tel:

Fax:

E-mail:

Participant:

Name, Surname	Weight category:	Year of birth:	Male/Female
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Date:

Signature: